



Harvesting Hope

A Non-denominational Farmer & Spouse Retreat

January 10th - 11th, 2020

Overview:

We invite all farm couples to leave your worries and concerns behind and enjoy one night away at The Abbey of the Hills! Come rediscover peace from the often-stressful life on the farm. This is a "couples only" retreat-no children please. This ecumenical retreat will focus on:

1. Hope
2. Faith
3. Communication with spouse
4. Reduction of stress
5. Humor

Time:

Begins on Friday, 6:30 p.m. with Supper
Concludes on Saturday, 3:00 p.m.

Cost:

Free will offering. No one will be turned away for inability to pay.

Registration:

Advanced registration is required.

Please visit abbeyofthehills.org/harvesting-hope to register or call 605-398-9200.

Presenters

Ted Matthews:

A mental health practitioner with over 30 years of experience in counseling in rural areas. His focus for the past 2 decades has been farmer mental health support.

He has been the director of mental health services during 5 natural disasters.

Tim Holquist:

Tim has been a farm management consultant for over 40 years working with farm families by helping them set family, individual and career/financial goals.

Brent Olson:

Local author & humorous speaker who farms in Big Stone County, MN.

Julie Van Dover:

Being involved in agriculture with her husband of 23 years, Julie brings her perspective from the spouse's side. She will share her journey of ups and downs through strong faith and perseverance.

Not a farmer but interested in sponsoring a farm couple that you know or don't know?

Call us or visit abbeyofthehills.org/harvesting-hope for more information.



PO Box 38 | 46561 147th Street | Marvin, SD 57251
abbeyofthehills.org/harvesting-hope

