

January 13th, 2018

Women's One-Day Silent Retreat

Abbey of the Hills Inn and Retreat Center will be offering a one-day silent retreat for Women on Saturday, January 13, 2018.

Dr. Teri Kemmer will direct this retreat on the Ignatian Spiritual Exercises. The Ignation Spiritual Exercises provide a way to pray, an approach to making decisions and a practical guide to everyday life.

The exercises were developed by St. Ignatius Loyola to assist people of faith in deepening their relationship with God. Through a collection of prayers, meditations and contemplative practices the Spiritual Exercises enable each of us to contemplate the life, Passion and Resurrection of Christ and consider how they provide the framework for how we should live and serve each day. The day will begin with registration at 8:30 a.m. and conclude at 4:00 p.m. Lunch included.

Cost:

The Abbey of the Hills is sustained in large part by the donations of the retreatants. We ask that you prayerfully consider making a donation towards the expense of this retreat. For those who can give, your donation will help "give the gift of peace" to help those with limited means. A donation envelope will be made available during the retreat. If this is a concern for you, know that *all are welcome*, no one is excluded because of inability to make a donation.

Registration:

Pre-registration is required for meal planning purposes. To register call 605-398-9200 or visit our website at www.AbbeyOfTheHills.com

"Silence is not simply the absence of noise. It is a necessary condition for discernment and reflection, for meditation and prayer, and for "welcoming the word" into our minds and hearts."

-Archbishop Robert Carlson



The Abbey of the Hills fosters the rediscovery of peace.

For more information about upcoming events:

www.AbbeyOfTheHills.com

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