

Spiritual EVENTS at



March 19-20, 2021

Harvesting Hope:

A Non-Denominational Farmer & Spouse Retreat

We invite all farm couples to leave your worries and concerns behind and enjoy one night away!

Come **rediscover peace** from the often-stressful life on the farm. This is a 'couples only' retreat – no children please.

This ecumenical retreat will focus on:

1. Hope
2. Faith
3. Communication with spouse
4. Reduction of stress
5. Humor

TIME:

Begins Friday, March 19, 5PM with tour followed by 6:30PM Supper

Concludes Saturday, March 20, 3:30PM

COST:

Free will offering. No one will be turned away for inability to pay.

REGISTER:

Advanced registration is required. Please visit our website at www.abbeyofthehills.org or call (605) 398-9200.



Presenters:

Ted Matthews: A mental health practitioner with over 30 years of experience in counseling in rural areas. His focus for the past 2 decades has been farmer mental health support. He has been the director of mental services during 5 natural disasters.

Tim Holtquist: Tim has been a farm management consultant for over 40 years working with farm families by helping them set family, individual and career/financial goals.

Brent Olson: Local author & humorous speaker who farms in Big Stone County, MN.

*The Abbey of the Hills fosters the
rediscovery of peace.*

For more information about upcoming events:
www.abbeyofthehills.org

